The Mistake-Response Coach Sheet

Teach the next attempt without making an error a verdict.

The athlete needs to understand the task, the error response, and the next instruction.

Example: an athlete expects ridicule after a missed pass. The coach stops teammate mockery, assigns one supervised passing cue, and gives a single correction before reviewing the next attempt.

01 Hear the concern

Ask before naming the cause.

Situation where athlete hesitates

Expected reaction to an error

Adult concern to route

Coaching behavior to inspect

02 Design the attempt

Use the athlete's actual instruction.

Suitable drill or context

One coached cue

Task athlete explains back

Adjustment or boundary needed

The Mistake-Response Coach Sheet / Review & follow-through

03 Keep feedback clear

Plan the error response.

Observation to give

Next instruction phrase

Reset location or action

Teammate behavior boundary

04 Review the exchange

Record what occurred.

Attempt actually made

Feedback actually given

Athlete question remaining

Next coaching check