Friend and Opponent Plan

Fair competition does not need a borrowed enemy story.

Respect the friend while carrying out the real contest.

Hypothetical example: Two friends are paired in a competition. Their families prepare honest effort and normal conduct, decline a proposed arranged result and allow disappointment without demanding a cheerful photograph.

01 Name the two relationships that are present

Name the actual concern about competing with this friend.

Friendship concern in the child's words

Actual contest and responsible adult

Fact kept separate from a guessed reaction

02 Agree on fair effort instead of a protected result

Confirm fair effort and refuse any arranged result.

Real competition expectation

Proposed result arrangement to decline

Honest response if the friend asks

Friend and Opponent Plan / Review & follow-through

03 Prepare words for the awkward moments

Choose ordinary respectful conduct before and after.

Appropriate greeting or acknowledgment

Conduct expectation during the event

Space allowed after a disappointing result

04 Return to the friendship without requiring a performance

Separate a real relationship issue from the result itself.

Actual words or action needing attention

Result that does not itself require repair

Later conversation only if needed