Demonstration Helper Invitation

A public helper role should be clear before it is accepted.

Volunteering for one demonstration does not establish an athlete's worth or season rank.

Hypothetical example: the coach explains a marker-placement role, accepts an athlete's decline and uses another appropriate willing helper.

01 Explain the role before asking for a hand

Describe the specific helper role.

Lesson feature to demonstrate

Helper's precise job

Coach's explanation responsibility

02 Choose for this lesson rather than a permanent status

Confirm suitability for the lesson.

Participation requirements checked

Appropriate helper or alternative

Reason for the choice

Demonstration Helper Invitation / Review & follow-through

03 Make an ordinary refusal possible

Offer and record the actual role choice.

Optional or genuinely assigned status

Invitation words

Athlete's actual response

04 Protect the helper during the explanation

Close the role and return the helper to the group.

Demonstration completion cue

Accurate recognition of help

Return to ordinary assignment