The Huddle Instruction Check

Find the missing message before assigning a label.

A missed direction needs an evidence-based teaching check; a deliberate interruption needs its own clear boundary.

Example: an athlete hears where to go but misses the waiting instruction. The coach restates that step, asks the athlete to explain it, and checks that the group waits before beginning.

01 Record the message

Compare the instruction with the athlete's account.

Exact instruction given

Observed first action

Athlete account of direction

Unclear word or step

02 Check access

Examine the conditions for receiving instruction.

Speaking coach role

Noise or distance issue

Support or accommodation to arrange

Competing task or voice

The Huddle Instruction Check / Review & follow-through

03 Teach the repeat

Explain the missing action plainly.

Short replacement instruction

First-action check question

Approved person to ask

Repeat request athlete can use

04 Observe and support

Keep behavior and understanding distinct.

Action after the repeat

Interruption boundary if needed

Remaining confusion

Next support or teaching change