Athlete Proposal and Coach Decision

A suggestion needs a hearing and a responsible decision.

The athlete contributes an idea; the coach owns its review and use.

Hypothetical example: a player suggests a group marker arrangement, and the coach reviews its fit before approving only that organization change.

01 Hear the learning idea behind the suggestion

Record the athlete's actual suggestion and learning purpose.

Suggestion in the athlete's words

Learning purpose proposed

Part directly observed

02 Check the idea against the session's purpose

Compare the idea with the current session goal.

Current session goal

Useful connection to the goal

Unrelated or uncertain part

Athlete Proposal and Coach Decision / Review & follow-through

03 Keep review and permission with the responsible coach

Identify the responsible review and missing checks.

Responsible reviewing coach

Permission or suitability question

Review status and update time

04 Give a decision the athlete can understand

Give and record the actual decision.

Decision actually made

Reason explained to the athlete

Current instruction for the group