Drill Exit and Responsible Return Plan

Confirm the athlete's supervised location.

Keep the athlete within the actual supervision arrangement, hear what happened, and agree on an appropriate next action before treating the exit as defiance.

Hypothetical example: a coach confirms supervision, learns the athlete misunderstood the partner assignment, and explains the agreed way to ask for a change.

01 Keep the person in view

Confirm the athlete's supervised location.

Time and drill

Where the athlete went

Adult supervision confirmed

Immediate concern observed

02 Ask a question you will let them answer

Ask about the actual reason for leaving.

Athlete's own explanation

Instruction they had received

Fact still unclear

Label to avoid

Drill Exit and Responsible Return Plan / Review & follow-through

03 Separate the concern from the exit

Decide who should handle the concern.

Responsible coach or caregiver

Concern requiring a different process

Instruction to clarify

Decision the coach can make

04 Make the next action concrete

Agree on a suitable return or handoff.

Return action agreed

Supervision during that action

Caregiver handoff if needed

Later follow-up