The Grandparent Agreement Conversation Sheet

Keep the relationship and the expectation clear.

A useful boundary describes a specific action and a practical agreement. Adults should handle the conversation and follow-through.

Example: grandparents and parents agree that outing changes are confirmed before departure. The parent supplies a clear contact route, the grandparent repeats the expectation, and the adults review the next visit.

01 Identify the expectation

Start with the actual event and your responsibility.

Event or confusion to address

Specific household expectation

Responsibility or authority I hold

Preference that can be discussed

02 Prepare respectful words

Keep the child out of adult disagreements.

Specific contribution to acknowledge

Plain request I will make

Question about understanding or difficulty

Private time and adult participants

The Grandparent Agreement Conversation Sheet / Review & follow-through

03 Confirm the arrangement

Write the action and the communication route.

Practical agreement reached

Contact or approval route

Instructions the caregiver needs

Appropriate next arrangement if missed

04 Review the next visit

Check both sides of the agreement.

Expectation actually followed

Communication I supplied or missed

Remaining confusion to clarify

Next adult conversation or adjustment