Check the Bicycle Helmet on the Child Who Will Wear It - working notes

One situation. Clear facts. An honest next step.

Follow the actual bicycle helmet's fit and wearing instructions, fasten it correctly and address impact or condition concerns before riding. Visible appearance alone cannot establish that a previously impacted helmet still protects.

Hypothetical example: A passed-down helmet cannot be adjusted as instructed for the younger rider. The parent changes the outing while resolving appropriate equipment.

01 Put the helmet decision before the departure rush

Identify the actual bicycle helmet and current instructions.

Helmet model or instruction reference

Intended activity

Unresolved suitability question

02 Check the wearing arrangement the instructions require

Check wearing and fastening on the actual rider.

Fit step checked

Fastening assistance needed

Manufacturer question

Check the Bicycle Helmet on the Child Who Will Wear It - working notes / Review & follow-through

03 Treat a known impact as information that changes the decision

Resolve known impact or uncertain condition history.

Known impact information

Unknown history

Required disposition to confirm

04 Separate the equipment check from permission to ride

Decide the equipment issue before relying on it for a ride.

Equipment decision

Responsible adult next step

Separate route or supervision question