A Friendship Limit and Help Plan

Name the behavior. Speak clearly. Know the help route.

A child can set an ordinary limit; persistent pressure, threats, or harm require responsible adult support.

Example: a child says "Ask before using my bottle," puts it away, and seeks the supervising adult if the taking continues.

01 Name the conduct

Describe the actual action without diagnosing a person.

Behavior that needs a limit

What child already said

What happened afterward

Adult concern to address

02 Prepare the limit

Use plain words tied to a real action.

Boundary sentence

Courtesy to retain

Action child controls

Unsafe pressure exception

A Friendship Limit and Help Plan / Review & follow-through

03 Arrange support

Identify help in the child's actual setting.

Supervising adult role

Help-request sentence

Safe place to move

Adult follow-up needed

04 Review the response

Use the actual reaction to choose the next step.

Limit respected or ignored

Child reached help

Arrangement to change

Next adult conversation