The Knock-at-the-Door Adult-First Plan

Get the adult. Keep the information private.

Children need a reachable responsible adult and a clear first action; visitor verification belongs to the adult.

Example: a pretend knock prompts the child to tell the supervising adult. The rehearsal shows that the adult needs a clear interruption signal when wearing headphones.

01 Name the responsible role

Record roles without private access details.

Adult handling visitors

Child's first action

Where to get adult attention

Assistance needed

02 Prepare the ordinary response

Do not make the child verify the visitor.

Notification sentence

How to interrupt an occupied adult

Expected delivery adult arrangement

Unclear rule to resolve

The Knock-at-the-Door Adult-First Plan / Review & follow-through

03 Protect information and help

Use categories, not actual credentials.

Information categories not shared

Approved wording if needed

Trusted-adult help route

Emergency instruction kept separate

04 Rehearse and correct

Use a clearly announced harmless practice.

Pretend-knock practice

Adult availability checked

Confusing step noticed

Household instruction updated