Optional Preference and Adult Response Page

A real choice has room for a different answer.

An optional preference should not require a child to manage an adult's disappointment.

Hypothetical example: a parent offers two available family games, hears that the child prefers the other one, and accepts the answer without adding an emotional bargain.

01 The real choice

Name the options and the actual adult limits.

Available options

Limit that must be stated first

Decision that is not optional

02 The question

Remove pressure from the wording you use.

Leading words to remove

Open preference question

Space for no preference

Optional Preference and Adult Response Page / Review & follow-through

03 The child's answer

Use the actual answer without diagnosing a motive.

Preference stated

Concern the child named

What remains uncertain

04 Adult response

Keep your reaction suited to an ordinary choice.

Response you actually gave

Choice honored or real limit explained

One question to change next time