# Assess the Actual Home-Alone Plan Before Treating It as a Milestone - working notes

*One situation. Clear facts. An honest next step.*

Check current local requirements, the child's readiness and comfort, the exact time and household tasks, and reachable adult help. Keep adult supervision when the arrangement is unsuitable or an essential question remains unanswered.

Hypothetical example: The child understands the routine, but the agreed nearby adult will be away. The parent keeps other supervision for that occasion.

## 01 Replace the birthday argument with a defined proposal

Define the exact proposed absence and check current local requirements.

Proposed time and adult distance

Official local requirement to check

Household tasks involved

## 02 Ask what the child understands and actually wants

Hear the child's comfort and assess relevant skills appropriately.

Child's stated concern

Skill needing supported practice

Professional question if needed

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## 03 Check adult help beyond a phone number

Confirm reachable adult help and permitted activities.

Agreed adult help

Private contact-plan location

Activities requiring separate permission

## 04 Choose the supervision that fits the unanswered questions

Choose suitable supervision and a real review condition.

Current supervision decision

Unresolved condition

Review after changed circumstances