The Family Task Start Plan

Teach the start. Show the finish. Hold the duty.

A child needs a safe assignment, a usable first action, and a finish line that stays clear.

Example: table clearing starts with three napkins in the bin. Cups are next; the child knows exactly when clearing is complete.

01 Check the assignment

Identify what the child has actually been asked to do.

Family task

Child's understanding

Tool or skill missing

Ability or safety concern

02 Teach the first action

Show a movement that begins the real job.

First visible action

Adult demonstration

Acceptable choice one

Acceptable choice two

The Family Task Start Plan / Review & follow-through

03 Set completion

Keep help and the finish line clear.

What finished looks like

Supervision needed

Next part of the task

Agreed follow-through

04 Review the start

Use what happened to improve the next assignment.

Action child completed

Obstacle that remained

Adult instruction to fix

Next task-start practice