Recipe Repeat Decision Record

Save a useful occasion with the recipe, not an invented result.

Repeat a recipe for reasons the household can explain.

Hypothetical example: after an actual meal, adults record the attention its preparation required, preserve mixed diner feedback, and keep the recipe for an evening with an available helper.

01 Identify the attempt

Record the exact recipe and the meal actually made.

Recipe version and meal date

Changes actually used

Cook and helpers present

02 Describe the work

Record actual labor and the source of any difficulty.

Steps needing adult attention

Observed time or timing unknown

Instruction, equipment or interruption issue

Recipe Repeat Decision Record / Review & follow-through

03 Hear useful feedback

Record diner preferences without turning them into health claims.

Preference heard from each diner

Optional choice worth keeping

Ingredient requirement outside the preference choice

04 Choose the repeat status

Save the occasion, clarification or set-aside decision.

Repeat status and fitting occasion

Specific clarification before another attempt

Saved note location and next review