The Losing-Streak Coaching Review

Turn a difficult stretch into a teachable week.

The record and the repeated task belong in separate notes; a coach must examine both honestly.

Example: repeated restart confusion leads to one week of coached role rehearsal. The staff records whether athletes found the assigned positions, separately from the next score.

01 Find the pattern

Use more than the latest score.

Competitions reviewed

Recurring task breakdown

Observation supporting it

Factors outside team control

02 Inspect instruction

Check what was taught.

Relevant taught task

Athlete understanding question

Coach preparation gap

One correction to teach

The Losing-Streak Coaching Review / Review & follow-through

03 Plan the week

Give the staff a shared priority.

Week's coached action

Observation method

Assistant feedback cue

Parent explanation

04 Review honestly

Separate task and result.

Action actually carried out

Competition result separately

Instruction still needed

Next week's priority