The Drill Demonstration Planner

Show the feature the group needs to understand.

A demonstration needs a teaching purpose, an accessible view, a clear sequence, and a check before the approved release.

Example: the coach points out starting markers, demonstrates the wait-for-signal sequence, and asks a willing athlete to explain the finish. The missed return route is added before the group begins.

01 Set the lesson

Identify the feature to show.

Coach-approved drill or task

One feature athletes watch

Terms to explain

Activity suitability decision owner

02 Arrange the view

Prepare the observing group.

Observer location

View or noise concern

Approved adult coverage

Accommodation to arrange

The Drill Demonstration Planner / Review & follow-through

03 Show and check

Connect observation with the next action.

Starting condition

Sequence and finish

First-action check question

Missing step to demonstrate again

04 Release and review

Keep instruction inside the program plan.

Group release instruction

Station adult and boundary

What athletes could explain

Demonstration revision next time