Effort and Skill Feedback Record

Describe the effort you observed.

Acknowledge the effort you actually observed, identify the skill issue accurately, and keep the approved next correction clear.

Hypothetical example: a coach acknowledges that an athlete listened and returned to the task, then gives a separate correction for the skill that remains unfinished.

01 Say what the athlete actually did

Describe the effort you observed.

Practice activity

Specific effort observed

Evidence for that description

Praise to avoid exaggerating

02 Keep the technical assessment distinct

Identify the technical issue separately.

Skill issue observed

Coach's technical instruction

Part not yet assessed

Assumption about intent to omit

Effort and Skill Feedback Record / Review & follow-through

03 Give one correction they can take back

Give one approved next correction.

One next correction

Approved practice opportunity

Athlete's explanation of the instruction

Support needed

04 Let the next attempt give new information

Review the next attempt honestly.

Next attempt observed

Effort still present

Skill change actually seen

Remaining correction