Specific Encouragement and Useful Help

Notice the action. Name the service. Keep the offer.

Encouragement speaks truth about a real contribution and provides support appropriate to the person's actual need.

Example: equipment was returned for the next group. The adult names that service and offers to carry the remaining bin.

01 Notice the action

Begin with evidence rather than a broad label.

Action actually observed

How you know

Duty or person served

Comparison to avoid

02 Consider the need

Fit words and practical care to the moment.

Difficulty person names

Listening needed

Practical support possible

Advice to ask before giving

Specific Encouragement and Useful Help / Review & follow-through

03 Choose the words

Encourage without exaggeration or pressure.

Specific sentence

Effect you can verify

Useful offer

Assigned role to avoid

04 Keep the support

Let a real promise become a real action.

Help agreed

Person responsible

Time to follow through

Need to ask about next