One Proverb, One Speech Practice

Read the wisdom. Keep the truth. Practice the words.

Gentle speech can carry a firm, truthful request; it does not guarantee another person's response or replace necessary protection.

Example: the bag blocks the door. The adult practices a clear request to use the bin, without adding an accusation about the child's character.

01 Read the wisdom

Keep the proverb and nearby verses together.

Proverb read

Nearby verse noticed

Unfamiliar word explained

Promise the text does not make

02 Name the situation

Find the truth and the speaker's actual responsibility.

Ordinary situation

Fact to state

Boundary or request needed

Speaker's authority or role

One Proverb, One Speech Practice / Review & follow-through

03 Practice the sentence

Remove contempt while retaining a clear request.

Sentence to practice

Insult or exaggeration to remove

Relevant question to hear

Adult help if needed

04 Review and repair

Judge the speaker's conduct, not control over others.

Words actually used

Truth and boundary retained

Repair for harshness

One adjustment next time