Food Date Wording and Handling Check

Read the phrase. Record the history. Resolve the question.

A printed quality date is one piece of information, not a certificate of safe handling.

Illustrative example: An adult finds an unopened pantry item with a quality-date phrase but an uncertain handling detail. The adult records the unknown, checks appropriate guidance, and writes the resulting action instead of using the date alone as permission to serve it.

01 Read the complete label

Copy the phrase and product instructions rather than only a date.

Food and package identification

Exact date phrase and date

Storage and after-opening directions

Ordinary-food scope or special guidance

02 Record the handling evidence

Write unknown when a necessary detail is not established.

Purchase or receipt date if known

Opened status and known opening date

Known storage history

Missing handling information

Food Date Wording and Handling Check / Review & follow-through

03 Resolve the specific question

Use the applicable source without guessing or tasting.

Question the date cannot answer

Manufacturer or official guidance link

Recall or other special issue

Responsible adult and contact

04 Record the adult action

Keep the decision and its basis together.

Action selected and reason

Instruction or supporting evidence

Action completed and date

Next storage or purchase adjustment