The Grocery Perishables Handoff Plan

Plan the next stop before buying the cold food.

Buying the food and putting it away are one responsibility with a clear handoff.

Example: a delayed practice pickup would extend the trip, so the family shops afterward and names the adult putting the perishables away.

01 Choose the trip

Put the real errands on the same page.

Perishables to buy

Planned shopping and arrival times

Other fixed stops

Stop to move or delegate

02 Prepare transport

Use the applicable food guidance.

Storage directions to follow

Supported transport arrangement

Time or temperature limit

Delay response to use

The Grocery Perishables Handoff Plan / Review & follow-through

03 Prepare receipt

Have the storage and adult ready.

Home storage prepared

Adult receiving the groceries

Bags needing immediate attention

Suitable supervised carrying task

04 Confirm completion

Arrival does not finish putting food away.

Actual home arrival

Actual storage completion

Unresolved food-handling question

Next trip arrangement to change