Do Not Stretch Infant Formula With Extra Water - working notes

One situation. Clear facts. An honest next step.

Use the exact water and formula amounts directed on the actual container. CDC warns that too much water may fail to meet the baby's nutritional needs; seek appropriate help with supply or feeding concerns instead of diluting formula.

Hypothetical example: A caregiver reports a low supply and seeks appropriate feeding guidance while keeping the container's mixing ratio unchanged.

01 Name the shortage without changing the bottle

Identify the supply or instruction problem without changing the ratio.

Supply question

Instruction location

Responsible adult follow-up

02 Use the actual directions and measurements

Read the actual powdered-formula amounts and use its provided scoop.

Container directions checked

Provided scoop confirmed for powdered formula

Measurement question to resolve

Do Not Stretch Infant Formula With Extra Water - working notes / Review & follow-through

03 Ask for help that addresses the real gap

Seek appropriate healthcare and supply guidance.

Appropriate help route

Question asked

Guidance received or pending

04 Give every caregiver the same boundary

Confirm the same preparation boundary with caregivers.

Caregiver instruction

Complete preparation guidance available

Remaining action without medical details