Container and Cover Suitability Record

Check the lid as carefully as the bowl.

Intended use belongs to each piece of equipment.

Hypothetical example: an adult finds that a bowl and lid are from different sets, verifies both and uses a known suitable combination for dinner.

01 Storage permission is not heating permission

Identify the food and proposed heating pieces.

Food and intended heating process

Container identity

Lid or wrap identity

02 Check the cover as a separate item

Read each piece's actual microwave-use instructions.

Container marking and source

Cover marking and source

Unresolved limitation

Container and Cover Suitability Record / Review & follow-through

03 Create a small, understandable ready group

Choose and locate a suitable complete setup.

Chosen matched or permitted setup

Where suitable pieces are stored

Uncertain item's separate status

04 Complete the food process after choosing the vessel

Keep equipment readiness separate from food readiness.

Food preparation source

Adult handling hot equipment

Completed food check or remaining step