Spectator Comment Filter

Record the actual comment and its context privately.

Check relevance and responsibility before carrying another adult's criticism into your child's life.

Hypothetical example: A parent hears a spectator call a child lazy, withholds the label, and asks the coach what instruction actually needs reinforcing.

01 Do not promote an opinion into authority

Record the actual comment and its context privately.

Comment actually heard

When it was said

Speaker's role

Audience present

02 Check what you really know

Check the speaker's role and the facts you can verify.

Fact to verify

Opinion or label

Coach responsible

Child already heard it

Spectator Comment Filter / Review & follow-through

03 Take the question to the right adult

Choose whether a responsible coaching question remains.

Useful question

Reason to withhold a label

Adult follow-up

Words for the child

04 Choose words that have a purpose

Review what you said to the child and why.

Action taken

Answer verified

Unnecessary repetition avoided

Next decision