Parent Discipline Discussion

Give the child a clear plan after adults compare the facts.

Address ordinary disagreements privately, correct unclear or unreasonable instructions, and communicate a fair plan without recruiting the child.

Example: parents disagree about a device pause. They compare the facts, choose a connected repair and review time, and explain the corrected instruction together.

01 Compare observations

Separate what each parent saw from assumptions.

Parent one observation

Parent two observation

Rule child understood

Necessary care or safety

02 Name the concerns

Identify the principle behind each proposed response.

First parent concern

Second parent concern

Information still missing

Shared reasonable aim

Parent Discipline Discussion / Review & follow-through

03 Choose the plan

Make the response clear and connected.

Instruction now

Connected response

Adult support

Review time

04 Explain and review

Keep the child out of the adult argument.

Explanation to child

Prior instruction corrected

Who follows through

Next cooperation change