The Playing-Time Conversation Plan

Leave with clarity and a task the athlete can carry.

Ask about policy and development separately. A practice plan is not a guarantee of minutes.

Example: a parent asks about the team's participation policy. The coach identifies getting set before the play. The athlete practices that cue during coached drills; both review it next week. Any participation promise is recorded separately.

01 Define the concern

Use observations and the published policy.

Playing-time facts I observed

Policy or promise to clarify

What I do not know yet

Program communication route

02 Prepare the conversation

Give each question a clear purpose.

Meeting request and suitable time

Athlete's role in the conversation

Three specific questions to ask

Accusation to replace with a question

The Playing-Time Conversation Plan / Review & follow-through

03 Record the actual answer

Separate an action from a promised outcome.

Coach's policy explanation

Specific development task

Practice cue and available help

Participation promise, if any

04 Review and decide

Check the task and any unresolved concern.

Agreed follow-up date

Progress the coach will review

Policy concern still unresolved

Family's next decision or question