Practice Audio and Instruction Agreement

Optional music should leave room for the actual instruction.

Staff members own the audio arrangement they choose during the lesson.

Hypothetical example: the approved operator pauses the music before a changed group assignment and the coach repeats the destination for an athlete who missed it.

01 Start with the instruction rather than the playlist

Identify the instruction affected by optional audio.

Words athletes actually received

Instruction missed or uncertain

Optional sound source in use

02 Confirm permission and an adult control

Confirm current permission and adult control.

Program or venue permission checked

Approved adult operator

Unresolved use requirement

Practice Audio and Instruction Agreement / Review & follow-through

03 Agree on the moments that need a pause

Agree the pause and restart cues.

Explanation needing an audio pause

Adult cue for the pause

Approved restart arrangement

04 Give athletes a plain clarification route

Provide and review a clarification route.

Athlete's clarification words

Current instruction repeated

Audio change and observation to review