Interrupted Task Remaining-Time Review

An estimate should follow the remaining work, not protect the old promise.

Elapsed time, completed work and an accepted deadline change are separate facts.

Hypothetical example: an adult reports that a note is partly drafted after a required interruption and requests a revised handoff rather than silently moving the deadline.

01 Count what was completed, not what the clock consumed

Record completed and remaining work.

Work actually completed

Steps still unfinished

Original deliverable and deadline

02 Identify what the interruption actually changed

Identify the interruption's actual effect.

Time window actually lost

New required duty or dependency

Handoff that needs confirmation

Interrupted Task Remaining-Time Review / Review & follow-through

03 Make a new estimate from the remaining steps

Estimate the remaining steps from current information.

Remaining ordinary steps

Next available work period

Estimate and honest uncertainty

04 Tell the affected person before relying on the change

Confirm any changed handoff with the affected person.

Recipient needing the status

Change requested and actual answer

Current accepted deadline or unresolved decision