Shared Meal Request and Serving Plan

Answer the request before judging the eater.

Food amount is not a household character score.

Hypothetical example: an adult checks what is actually available, answers a second-helping request courteously and handles a hot serving dish for the child.

01 Hear the request

Record the actual serving request without a motive label.

Words or amount actually requested

Serving question needing clarification

Motive claim to leave unassigned

02 Check the arrangement

Check available food and applicable care arrangements.

Suitable food actually available

Relevant adult-owned care instruction

Hot or heavy serving task

Shared Meal Request and Serving Plan / Review & follow-through

03 Give the answer

Give a clear adult serving answer.

Adult response and next action

Actual serving location or limit

Conduct instruction if needed

04 Review the table

Review one practical table adjustment.

Practical confusion observed

One appropriate serving adjustment

Individual question routed privately