Supplement Product Question Record

Identify first, then seek appropriate guidance

A product label is not personal approval to use it.

Hypothetical example: A parent preserves the exact label and asks the child's healthcare professional before deciding about a supplement.

01 Identify the product before debating the claim

Identify the exact product and its label category.

Full product and formulation

Panel heading observed

Intended user and question

02 Read what Supplement Facts establishes

Separate the seller's claim from verified regulatory facts.

Claim being considered

What the label actually establishes

Unsupported approval claim avoided

Supplement Product Question Record / Review & follow-through

03 Take the real question to the right person

Prepare the product-specific question for an appropriate professional.

Professional route

Label information to bring

Question to resolve before use

04 Record the answer without making it broader

Record the actual decision and its limits without private health details.

Guidance record location

Actual product-specific decision

Change requiring new review