The Teach-One-Duty Plan

Teach the job before demanding independence.

Give a child a duty suited to their ability, patient instruction, and the support needed to contribute to the household.

01 Make finished visible

Choose one appropriate task and three signs of completion.

The duty we are teaching

Finished sign 1

Finished sign 2

Finished sign 3

02 Teach and practice

Keep help suited to the child; needed support is not a failure.

How the adult will demonstrate

Steps the child will explain back

Help / supervision needed

When we will practice together

The Teach-One-Duty Plan / Review & follow-through

03 Build a calm routine

Use one consistent cue and one predictable check.

Routine cue for starting

Time we will check together

Brief reminder I will use

Appropriate way to finish missed work

04 Review the teaching

Look for confusion before increasing pressure.

What the child can now show

Step that still needs teaching

One change to the cue or support

Next practice / check time