The Approved-Practice Consistency Log

Record the real plan without making a missed square a label.

Consistency records should distinguish approved participation, real circumstances, and a specific duty while preserving rest and restrictions.

Example: an athlete attends two approved sessions and one is canceled by the program. A forgotten item is recorded separately, and the family changes its storage location before the next scheduled practice.

01 Define the approved period

Use the current program and family plan.

Review period

Approved scheduled sessions

Plan confirmed with adult

Participation boundary to preserve

02 Make honest statuses

Describe what each entry means.

Attendance status definitions

Canceled or excused session record

Adjusted session and authorized reason

Session still unconfirmed

The Approved-Practice Consistency Log / Review & follow-through

03 Record the duty

Track one existing responsibility.

Responsibility already assigned

Completed or partial record

Unclear fact needing confirmation

Adult share of the responsibility

04 Review the pattern

Change a supported practical problem.

Arrangement that worked

Specific repeated obstacle

Next supported planning adjustment

Review or tracker ending point