The Sunday Review Page

Review the real week. Give next week an owner.

A faithful household plan tells the truth about limits and leaves room for care, repair, and rest.

01 Tell the truth about last week

Write three short observations about actions, not character labels.

A responsibility we kept

A responsibility we neglected

A practical change we need

A contribution to acknowledge

02 Give the calendar owners

Record the arrangements behind three fixed commitments.

Item	Event / date	Transport owner	Food / preparation owner
Commitment 1			
Commitment 2			
Commitment 3			

The Sunday Review Page / Review & follow-through

03 Repair before adding more

Name a realistic priority and protect time the family already needs.

Promise needing repair

Owner and repair deadline

One priority for the coming week

Time reserved for rest / margin

04 Close the review

Tell the affected people what changes, then prepare the first step.

Who needs the updated plan?

First preparation action

When that action happens

Next weekly review time