The Better Ride-Home Plan

Offer steady care. Listen. Choose one next step.

A result should not decide the warmth a child receives. Tell the truth about conduct while keeping sport in its proper place.

01 Start with ordinary care

Plan your own first response; this is not a scorecard for a child's emotions.

Immediate needs to attend to

My calm opening words

How I will handle my own frustration

How I will ask if they want to talk

02 Listen before concluding

Record what was actually said without treating your first interpretation as a fact.

The child's account

One question I can ask without blame

One behavior I directly observed

An assumption I need to check

The Better Ride-Home Plan / Review & follow-through

03 Separate result from responsibility

Choose one suitable next action; technical teaching stays with the appropriate coach.

Conduct standard that applies

Repair needed, if any

One next step we agree on

Question for the coach, if useful

04 Check my response

Review the adult example after the evening settles.

How I showed steady care

Words or behavior I need to own

What I will do differently next time

Agreed time to return to the conversation