Whole Fruit Availability Map

Bought, prepared and offered are different steps.

Food availability requires an adult preparation plan.

Hypothetical example: adults assign the preparation of a suitable fruit option for breakfast and keep the serving location and storage instructions clear.

01 Choose the meal

Name a meal and the fruit option it needs.

Meal and serving time

Current fruit option

Gap between storage and serving

02 Check the preparation

Check the product form and appropriate preparation.

Product form and instructions

Person-specific serving consideration

Adult preparation task

Whole Fruit Availability Map / Review & follow-through

03 Make the food available

Assign the preparation and serving handoff.

Storage location

Responsible adult and time

Serving dish or utensil

04 Review the offering

Record the actual availability and one adjustment.

Was the food ready as planned

Remaining food and storage action

Next availability adjustment